



Tony Atkinson (Towner)

“We had rationing of course and erm, that meant there was limited dairy produce, limited meat and that sort of thing, so meat generally was supplemented, where possible, by rabbits, bearing in mind we’re living in the country and there did seem to be an abundance of rabbits. I can remember there was a rabbit warren not too far away from where we actually lived, and there were times when even as boys we went out snaring rabbits and brought those back, well, I can remember also eating birds’ eggs, not just chickens’ eggs, I can remember eating wood pigeons’ eggs. I can also remember eating wild duck’s eggs. Which we got from the, the duck’s nest we found down by, down by the brook, there was a brook at the bottom of the village. Other than that the food was basically vegetables from the garden when they were available. Meals tended to be fairly basic. One of my favourites was mashed potato and fried egg would you believe? Which sounds pretty basic doesn’t it? But that was a favourite of mine.”