



## Robert Prett

“He did twenty-two years’ service in the Royal Navy plus the war service he did twenty-eight years’ altogether and he was a cook in the Royal Navy and you know what he couldn’t swim six yards. He never learnt to swim. And before he died I said “Dad, you were in the Navy for twenty-eight years, can you give me any advice on cooking?” and do you know what he said? “When it’s brown it’s done, when it’s black it’s bugged up”.”